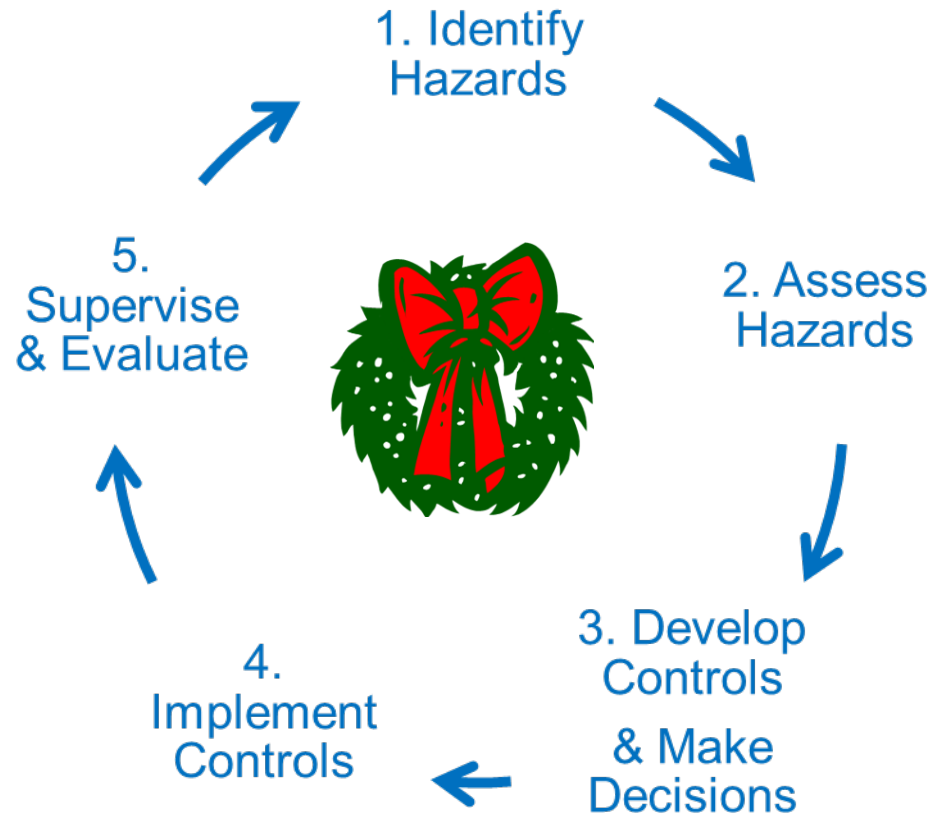




# ***Holiday Risk Management***



Lt Col Melanie Capehart, SWR SEA



# Holiday Traveling

- If traveling, be sure to check the CDC Covid guidelines for your destination
- If Driving:
  - Make sure your vehicle is in good repair
  - Keep an emergency/first aid kit handy
  - Always use safety belts and child safety seats
  - If you drink... don't drive





# Around the House...

- Smoke & Carbon Monoxide detectors should be installed on each floor and outside each bedroom
- Test detectors at least once a month and replace batteries annually
- Buy a fire extinguisher and inspect it monthly





# Decorative Lighting

- Inspect each string of light for any damage
- Don't overload electrical circuits
- Use the proper size and type light bulbs in decorative lighting
- Turn off electrical candles and decorative lighting before going to sleep





# Christmas Trees

- Make sure your live tree is fresh – no falling needles
- Keeping it watered will help prevent drying out
- Use a sturdy stand with wide-spread legs to reduce the chance of toppling
- Keep trees away from heat sources
- If considering an artificial tree, make sure it is flame retardant





# Holidays and Alcohol

- If you choose to drink, drink in moderation
- Don't drink alcohol on an empty stomach
- Don't drink alcohol if pregnant or using medication
- Remember, non-alcoholic beverages are an option
- Don't drink and drive





# Safer Shopping

- Know your merchant
- Be wary of unsolicited email and embedded links
- Be sure merchants have a secure website
- Check your bank and credit statements for unknown charges
- Federal Trade Commission: [www.consumer.gov](http://www.consumer.gov)
- Identity Theft Resource Center: [www.idtheftcenter.org](http://www.idtheftcenter.org)





# Summary Holiday Risk Management

- Travel
- Around the house
- Decorative lighting
- Christmas Trees
- Holidays and alcohol
- Safer Shopping





**Have a happy and safe holiday season!**